



Competitive Program Dress Code

Please review and follow the Competitive Team dress code. At Sandra Amodeo Dance Studio, all competitive dancers are to be dressed appropriately for class.

All Ballet Classes

- ✓ **Solid Black** Tank Bodysuit
- ✓ Pink Ballet Tights
- ✓ Ballet Skirt (may be worn if approved by teacher)
- ✓ Pink Ballet Shoes (split soles for Inter/Sr)
- ✓ Hair in a proper bun. Please include: hair net, bobby pins, hair-donut (optional).
- ✓ No shorts

Tap/Jazz/Lyrical/Musical Theatre Classes (Primary, Junior)

- ✓ **Solid Black** Tank Bodysuit
- ✓ Tan Tights
- ✓ Shoes to be advised
- ✓ **Solid Black** Dance Shorts are acceptable
- ✓ Hair in a proper bun. Please include: hair net, bobby pins, hair-donut (optional).

Tap/Jazz/Lyrical/Contemporary/Musical Theatre Classes (Int 1 & 2, Int Adv, Senior/Senior Adv)

- ✓ **Solid Black** form fitting body suit or crop top
- ✓ Tan tights or **Solid Black** shorts with bare legs or **Solid black** leggings
- ✓ Shoes to be advised
- ✓ Hair in a proper bun. Please include: hair net, bobby pins, hair-donut (optional).

Acro Classes

- ✓ **Solid Black** Tank Bodysuit
- ✓ Tan or Black convertible or Footless Tights
- ✓ **Solid Black** Dance Shorts are acceptable
- ✓ **Only Int/Seniors** may wear **Solid Black** tank bodysuit or crop top and **Solid Black** shorts with bare legs or **Solid black** leggings
- ✓ Hair tied back and out of face. Braid or low bun is preferred.

Hip Hop Classes

- ✓ SADS sweat pants
- ✓ **Black** tank top or t-shirt
- ✓ Clean indoor running shoes
- ✓ Hair tied back and out of face

Please show respect by arriving to class properly dressed.

It is in the best interest of your technical training to wear the required uniform.

Dancers who do not follow the dress code laid out in this handbook may not be permitted to participate in their class - at the discretion of the instructor.